



March edition of the Polk Trails Newsletter

January & February Trails Meeting Recap

Our first meeting of the new year was a mountain bikers interest meeting for Little White Oak Mountain. There, local mountain bikers and hiking enthusiasts met Polk County Parks & Rec at Saluda outfitters and gave their opinions and suggestions for the upcoming trail system. Everyone was eager to bring their own ideas to the table and we greatly appreciated the community's interest. The meeting also included a brief overview of current storm damage to our other trails as well as upcoming workdays and planned events.

February trails meeting began by updating everyone on the status of the trails after the recent storms and ongoing cleanup efforts there. Thankfully, nothing has been destroyed irreparably and most damage to the trails has been cleared by now. Norman Wilder continues to be worked on by Conserving Carolina and their own trail coordinator and volunteer efforts.

The floor was opened up to the public for their opinions and suggestions on the trail system being planned for Little White Oak Mountain. We had a large number of mountain bikers eagerly giving their own likes and dislikes of other existing trail systems and what they would like to see in our own, expanding or piggybacking on what was said at the last meeting.

Polk County Parks & Recreation are planning community field trips to some notable mountain biking trails. The dates and times are still TBD. We will be sending out email invitations and posting a Facebook event about these hikes.



March Trails Meeting will be on **Monday, March 25th starting at 6:00 PM** at Saluda Outfitters (435 E Main St, Saluda, NC 28773).



- **Saturday, March 9th @ Alexander's Ford from 9:00 AM to 12:00 PM**
- **Thursday, March 14th @ Polk Rec Complex from 9:00 Am to 12:00 PM**
- **Saturday, March 23rd @ Alexander's Ford**

**from 9:00 AM to 12:00
PM**

- **Thursday, March 28th
@ Polk Rec Complex
from 9:00 AM to 12:00
PM**

Facebook Event Page

Trails Update!

The town and our volunteers have worked wonders on a lot of our trails. Some damage still remains and we will continue to work down the list.

- Alexander's Ford is now **open** after the wonderful work from the town on clearing the trail and parking area.
- Woodland Park has a large tree ball blocking the orange route. Smaller downed trees and brush remain on other parts of the trail system.
- Tryon Missing 40 has a number of downed trees blocking the trail. Hike with caution. Some areas may not be safe to pass currently.
- Vaughn Creek Greenway has some puddles and very muddy spots near the trailhead. Be careful where you step!
- Melrose Falls has a few limbs and trees fallen and overgrown on the trail, but is able to be hiked without much added difficulty.

If you have noticed any damage on our trails, please contact us at Trails@polknc.org so we can clear it up!

Green River Updates

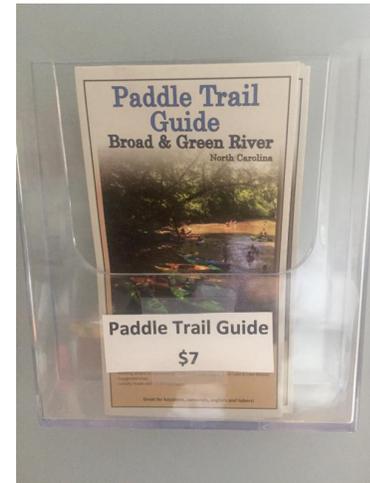
We are discussing plans for Green River cleanup days and river stewardship (akin



to our adopt-a-trail program) for the spring. If you are interested or have any questions, please email us or drop by our office!

Pick up your copy of the...

Paddle Trail Guide for the Broad & Green River



Featuring:

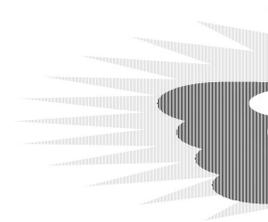
- Access point and river information for the 1st, 2nd, and Main Broad & Green River
- Boating access information for Lake Lure, Lake Adger, Moss Lake & Lake Bowen
- Suggested trips
- Locally made with local knowledge

**From the Polk County Parks & Recreation office!
(105 N. Peak St., Columbus, NC 28722)**

If you would like to have a photo featured on the *Polk Trails Facebook page*, please email the image and include a short description.

Preferred content: In Polk County and on publicly accessible land.

Email: trails@polknc.org



[Polk Trails regularly updates a calendar of outdoor events in the area.](#)

Access can be found on our website or ***here***.

The AmeriCorps Trails Coordinator works for Polk County Parks & Recreation through a grant from the Polk County Community Foundation. The Trails Coordinator manages trail work days, various partnerships and other trail related initiatives in the county.



**POLK COUNTY
COMMUNITY
FOUNDATION**

**E-Mail contact information for Travis: trails@polknc.org
Visit the Polk Trails website and Facebook page below.**

Polk Trails website



The Polk Trails website offers

- Description, images, parking, and some maps for trail systems.
- Events calendar.
- Information on how to adopt- a- trail.
- A Nature Navigators page (Polk County Middle School hiking club).
- Links to maps and other resources.
- Other general information.

Visit our website